

PG-402

# TATEYAMA-KUROBE ALPINE ROUTE & GOKAYAMA



日本政府観光局 (JNTO)  
Japan National Tourism Organization

JNTO Website : <http://www.jnto.go.jp>

Tourist Information Center (TIC)

10th Fl., Tokyo Kotsu Kaikan Bldg., 2-10-1,

Yurakucho, Chiyoda-ku, Tokyo 100-0006

Tel. (03)3201-3331



"YOKOSO" means "welcome"

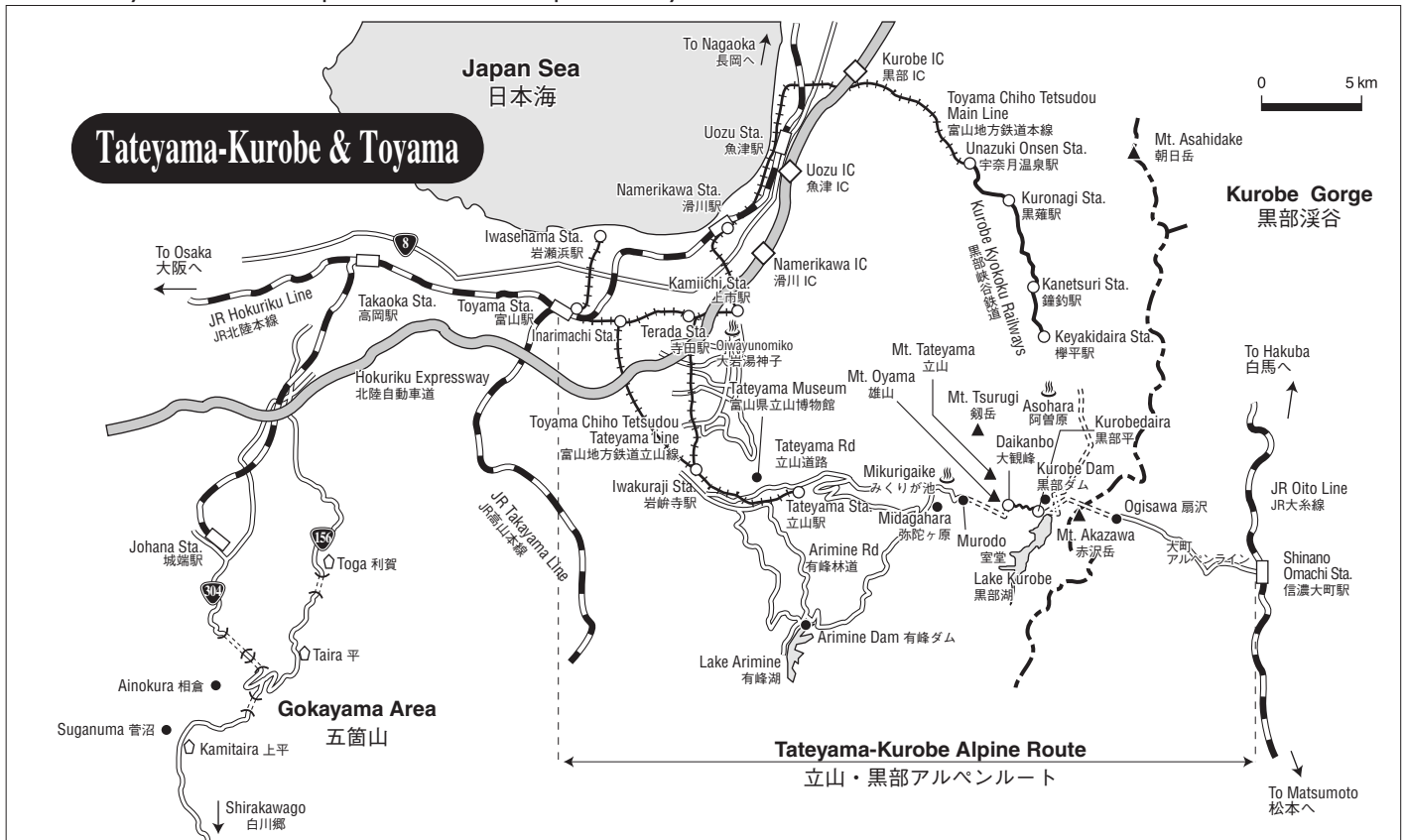
## Tateyama-Kurobe Alpine Route (立山黒部アルペンルート)

The route for crossing the Northern Japan Alps by various means of transportation between Shinano-Omachi and Toyama takes 8 hrs. to look around. You can enjoy the alpine nature without heavy climbing equipment. Sneakers, an umbrella and a cold weather outfit are necessary. The whole transportation network is operated only

from late Apr. to late Nov. The peak period are summer and the season of autumnal leaves (late Sep. thru late Oct.). See <http://www.alpen-route.com/english/index.html> for more information.

## Gokayama (五箇山)

Nestled along the deep gorge of Sho River, 33 Gassho-zukuri houses have been preserved in the historic villages of Gokayama including Taira and Ainokura.



### Access: Shinano-Omachi and Toyama are gateways to the Tateyama-Kurobe Alpine Route

To Shinano-Omachi:

(Reserved-seat)

Destination	Type of transportation	Time required	Fare one-way(¥)
Shinjuku Sta.→Shinano-Omachi (Tokyo)	JR Limited Express "Super Azusa" "Azusa"	3 hrs. 10 min.-30 min.	7,440
Shinjuku Sta.→Matsumoto	Limited Express "Super Azusa" "Azusa"	2 hrs. 30 min.-3 hrs. 15 min.	6,710
Shinjuku BT→Matsumoto	Express bus*	3 hrs. 10 min.	3,400
Matsumoto Sta.→Shinano-Omachi	JR local train (Oito Line)	1 hr.	650
Shinjuku BT→Shinano-Omachi	Express bus*	3 hrs. 55 min.	4,100
Tokyo Sta.→Nagano	JR Nagano Shinkansen "Asama"	1 hr. 20 min.-1 hr. 50 min.	7,970
Nagano BT→Shinano-Omachi	Express bus	1 hr. 05 min.	1,800
Shin-Osaka Sta.→Nagoya	JR Tokaido Shinkansen "Nozomi" "Hikari"	52 min.	6,180~
Nagoya Sta.→Matsumoto	JR Limited Express "Wide View Shinano"	1 hr. 55 min.-2 hrs. 10 min.	5,870
Hankyu-Umeda BT→Matsumoto (Osaka)	Express bus**	5 hrs. 30 min.	5,710

\* Reservation required. Keio Bus Tel: (03)5376-2222

\*\* Reservation required. Hankyu Bus Tel: (06)6866-3147

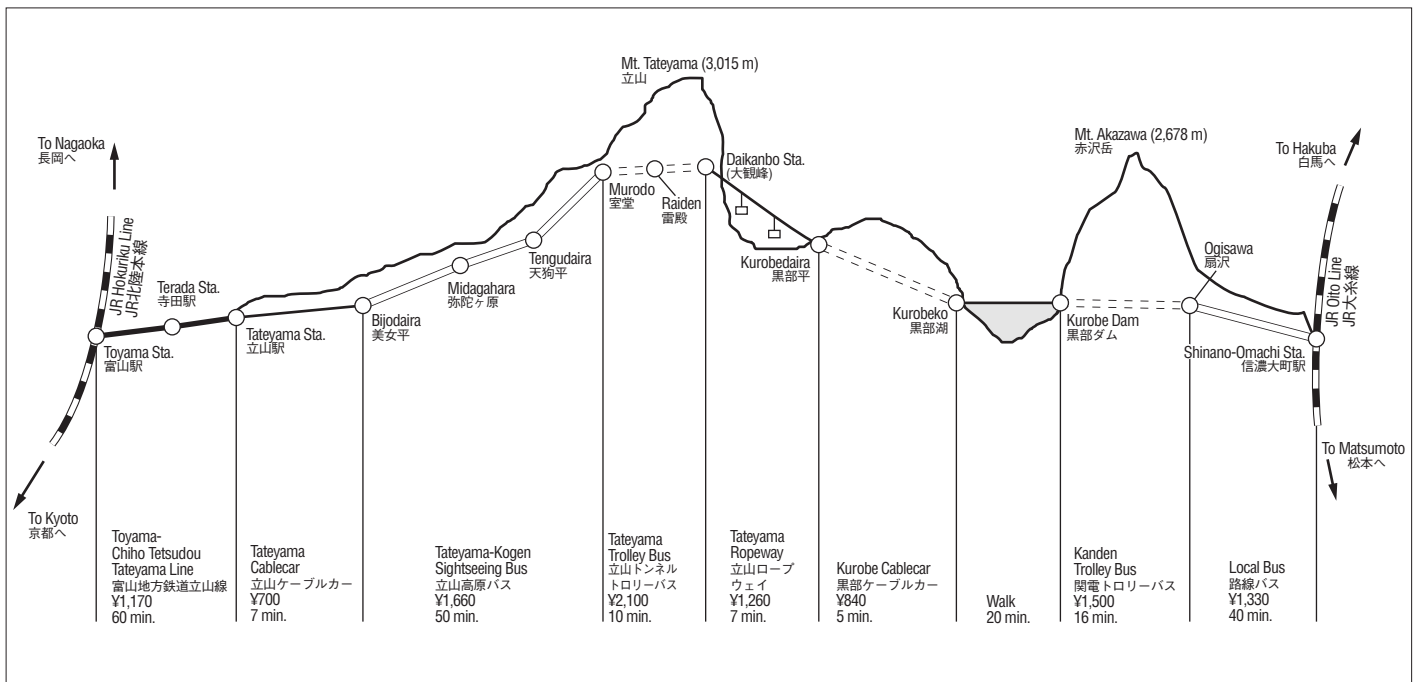
BT = Bus Terminal

To Toyama:

(Reserved-seat)

Destination	Type of transportation	Time required	Fare one-way(¥)
Tokyo Sta.→Echigoyuzawa Sta. Echigoyuzawa Sta.→Toyama Sta.	JR Joetsu Shinkansen "Max Toki" JR Limited Express "Hakutaka" (All passengers change trains at Echigoyuzawa Sta.)	3 hrs. 30 min.	11,600
Ueno Sta.(Tokyo)→Toyama Sta.	JR Sleeping train "Hokuriku"	6 hrs. 30 min.	16,270 (Berth B)
	JR Express "Noto"	6 hrs. 08 min.	8,910
Haneda Airport→Toyama Airport. (Tokyo)	Airplane (ANA)	1 hr.	22,000
Ikebukuro East BT→Toyama. Sta.	Express bus	6 hrs. 25 min.	7,340
Osaka Sta.→Toyama Sta.	JR Limited Express"Thunder Bird"	3 hrs. 20 min.	8,490

## Tateyama-Kurobe Alpine Route



\* Through ticket is available at Toyama Sta. (¥10,560 for adult, one way)

## Accommodations: (Most are open Apr. through Nov.)

Name of facilities	Tel.	Room rate (¥)	Name of facilities	Tel.	Room rate (¥)
Tateyama: Seiryuso(R) Senzanso(R)	(076)481-1006 (076)482-1726	¥¥ ¥	Murodo: Hotel Tateyama(H) Raicho Onsen Raicho-so(R*) Mikurigaike Onsen(R)	(076)465-3333 (076)465-5777 (076)465-4595	¥¥¥ ¥ ¥¥
Midagahara: People's Lodge Tateyama-so(PE)	(076)442-3535	¥¥	Kurobe Dam: Lodge Kuroyon(R)	(076)465-5776	¥¥

## Remarks:

Standard rates are quoted.

H = Hotel	Rate for a twin room.	¥¥¥	more than 15,000 yen
R = Ryokan	Rate per person with 2 meals.	¥¥	8,001 yen – 15,000 yen
R* = Ryokan	Rate per person	¥	8,000 yen or less
PE = People's Lodge	Rate per person		
BH = Business Hotel	Rate per person		

**Recommended Walking Route**

**Murododaira Hiking Route (A 2-hour hike)**

This hiking tour takes about 2 hrs., starting from Murodo Terminal - Mikurigaike pond - Jigokudani valley - Raicho-so lodge - Rindoike pond - Midorigaike pond - Tateyama Murodo Sanso lodge, and coming back to Murodo Terminal.

Jigokudani is still an active hot spring and water vapor also spouts out, therefore it is very dangerous to walk off-course. As already mentioned, this tour takes about 2 hrs., but only if you don't stop on the way. Please keep in mind that you need at least 3 hrs. to join this hiking tour because there are many places to see.

**Midagahara Hiking Route (A 1 or 2-hour hike)**

Midagahara is an area of highlands and is 2,000 meters above sea level. Even the marsh is maintained as a promenade. A short course will take about 1 hr., and the long course will take about 2 hrs.

Various wild flowers of the highlands can be seen in Jul. and Aug. You can enjoy the fall foliage in Oct.

Nature guides of Toyama Prefecture offer voluntary tours on nature in the following areas.

**Murododaira Surroundings**

Duration: 1-3 hrs.

Period: May 1-5 and Jul. 1- Oct. 2 (Everyday) May. 6- Jun. 30 (Fri. afternoon, Sat. and Sun.)

Starting Time: 9:00 and 13:00.

Meeting Place: Tateyama Nature Preservation Center 3F

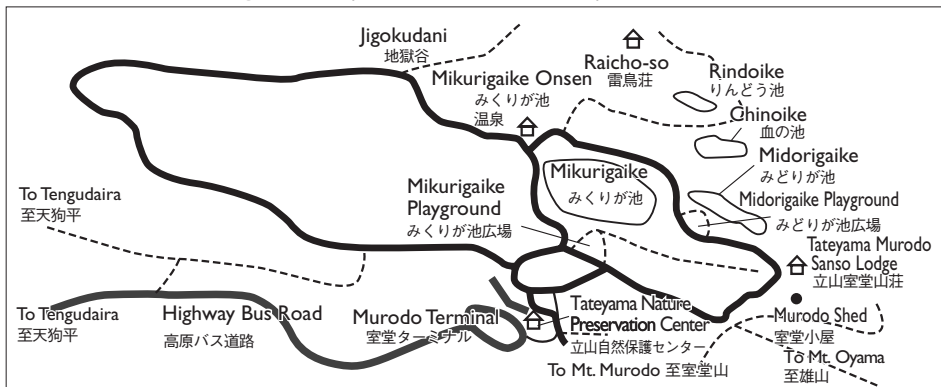
Please note that these tours may be called off due to the weather and other reasons.

**Temperature around Murodo**

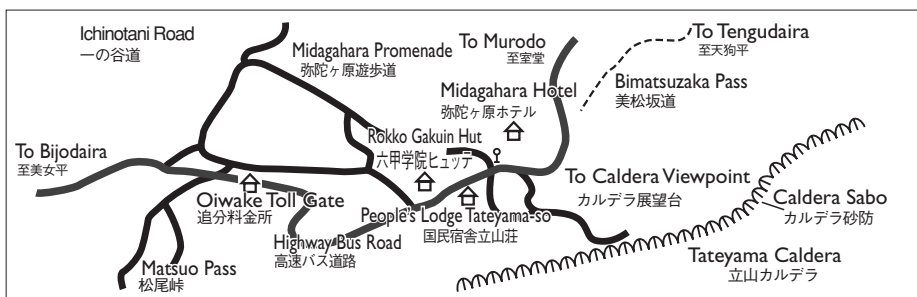
(°C)

	Late-Apr. 4月下旬	Mid-May 5月中旬	Mid-Jun. 6月中旬	Mid-Jul. 7月中旬	Mid-Aug. 8月中旬	Mid-Sep. 9月中旬	Mid-Oct. 10月中旬	Early Nov. 11月上旬
Highest 最高	10	10	13	15	16	12	8	5
Lowest 最低	-5	4	7	11	14	10	2	0

**Murododaira Hiking Route (室堂平周辺散策コース)**



**Midagahara Hiking Route (弥陀ヶ原周辺散策コース)**



**Other Places of Interest:****Kurobe Gorge** (黒部峡谷)

This is the route of the tramcar going through Kurobe Gorge from Unazuki Onsen to Keyakidaira. Along the line there are many places specializing in open-air baths (rotenburo) such as Kuronagi and Kanetsuri. From the tramcar called Kurobe Kyokoku Railways you can enjoy the panorama of the Northern Japan Alps.

Access: 1 hr. 30 min. from Toyama Sta. to Unazuki Onsen by Toyama Chiho Railways (once an hour). Fare: ¥1,790 (one-way).

5-min. walk from Unazuki Onsen Sta. of Toyama Chiho Railways to Unazuki Sta. of Kurobe Kyokoku Railways.

Kurobe Kyokoku Railways (黒部峡谷鉄道): Operated only from May 1 thru Nov. 30.

Fare (one-way): to Kanetsuri ¥1,190.  
to Keyakidaira ¥1,660.

During summer vacation and the season of autumnal foliage it's crowded and difficult to get tickets. Making reservations through travel agencies is recommended.

**Gokayama Area** (五箇山)

Gokayama is a prefectural natural park including Kamitaira, Taira and Toga villages. In this area there are many houses preserved in the classical Japanese country style dating from the 17th C. Its architectural style is called "Gassho-zukuri". The two hamlets of Ainokura and Sukanuma, where these houses are concentrated, were designated by UNESCO as a World Heritage Site in 1995 along with Shirakawago, another Gassho-zukuri house hamlet several kilometers away from Gokayama.

• **Kamitaira Village** (上平村)

**Sukanuma Gassho Shuraku** (菅沼合掌集落): A neighborhood of a group of 9 Gassho-zukuri houses.

**Gokayama Folklore Museum** (五箇山民俗館): A museum of village daily life. This building is also a Gassho-zukuri house. Open: 9:00–16:00. Closed: Dec. 29–Jan. 3. Admission: ¥210

**The Iwase Residence** (岩瀬家): The largest Gassho-zukuri house in Gokayama. Open: 8:00–17:00. Admission: ¥300.

• **Taira Village** (平村)

**Ainokura Gassho Shuraku** (相倉合掌集落): A group of 24 Gassho-zukuri style houses.

**Ainokura Folklore Museum** (相倉民俗館): A museum of sericulture, paper-making and tools of daily life in this area. This is one of the traditional Gassho-zukuri houses in Ainokura Gassho Shuraku. Open: 8:30–17:00. Open daily. Admission: ¥200.

**The Murakami Residence** (村上家): Important Cultural Property. Open: 8:30–17:00, 9:00–16:00(December–March). Closed: 2nd & 4th Wed. Admission: ¥300.

**Gokayama Washi Ricepaper-making Center** (五箇山和紙工芸研究館): Gokayama is famous for its paper products. In this center you can watch a short video of paper-making process and try by yourself. Open: 8:30–17:00. Closed: Dec. 29–Jan. 3. Admission: ¥200. Paper-making: ¥500–¥1,200 (per paper).

• **Toga Village** (利賀村)

**Toga Folklore Museum** (利賀民俗館): Exhibition of daily tools

**Accommodations:**


Name of facilities	Tel.	Room rate (¥)
Unazuki Onsen:		
Unazuki Entaijiso(R)	(0765)62-1234	¥¥¥
Unazuki Grand Hotel(H)	(0765)62-1111	¥¥¥
Unazuki New Otani Hotel(H)	(0765)62-1041	¥¥¥
Kanetsuri Onsen:		
Kanetsuri Miyamaso(R) (open May through Nov.)	(0765)62-1248	¥¥
Toyama:		
Toyoko Inn Jr. Toyama Ekimae	(076)405-1045	¥

and many old documents for making gun powder are located in this Gassho-zukuri style house. Open: 9:00–16:00. Closed: Wednesdays (open when Wed. falls on a national holiday) and early - Dec. to mid-Apr. Admission: ¥400.

**Toga Performing Arts Park** (利賀芸術公園): World-known theater spot with Japan's first International Theatre Festival "Toga Festival" (1982-1999), by Tadashi Suzuki and his company SCOT. Celebrating the new millenium, a new program Toga Summer Arts Program started in 2000, a project of performance, competition, education and conference on performing arts. For more information, call The Japan Performing Arts Foundation at (0763) 68-2356 or (03) 3951-4843.

**Accommodations:**

Name of facilities	Tel.	Room rate (¥)
Takaoka:	(0766)26-0760	¥
Daibutsu Ryokan(R) 		
Kamitaira:	(0763)67-3321	¥¥
Akaokan(R)		
Taira:	(0763)66-2316	¥
Gokasanso(PE)		
Kamitaira & Taira Area:	(0763)66-2468	¥
Gokayama Gassho-zukuri Minshukus	[Tourist Association]	
Toga:		
Starforest Toga(PE)	(0763)68-8100	¥
Tenjinku-Onsen no Sato(R)	(0763)68-8400	¥¥

**Remarks:**  
Standard rates are quoted.  
H = Hotel Rate for a twin room.  
R = Ryokan Rate per person with 2 meals.  
PE = People's Lodge Rate per person  
BH = Business Hotel Rate per person  
 = **Welcome Inn member**

¥¥¥ more than 15,000 yen  
¥¥ 8,001 yen – 15,000 yen  
¥ 8,000 yen or less



## TOURIST INFORMATION

(Visit Japan Information Network)

**Matsumoto Tourist Information Center:**  
JR Matsumoto Station, 1-1-1, Fukashi, Matsumoto City, Ngano Pref.  
Tel. (0263)32-2814  
9:00-17:45, Closed on Dec.29 - Jun.3

**Toyama City Tourist Information Center:**  
JR Toyama Station, 1-227, Meirin-cho, Toyama City, Toyama Pref.  
Tel. (076)432-9751  
8:30-20:00, Closed on Dec.29 - Jun.3

**Ikiikikan (Toyama Tourism & Products Center):**  
1-2-3, Shintomi-cho, Toyama City, Toyama Pref.  
Tel. (076)444-7120  
10:00-20:00, Closed on the 3rd Tue.

All information, including transportation schedules, fares, prices and accommodation charges, which is contained in this leaflet is based on data as of Nov. 2008, and is subject to change without notice. While every effort is made to ensure the accuracy of all information, regrettably errors do occasionally occur. Therefore, you should check with organizations concerned for updated and accurate information on your chosen destination. JNTO shall not be liable for any loss or damage of whatever nature that may arise as a result, directly or indirectly, from the use of any of the information or material contained in this leaflet.